

Base Menu Spreadsheet

Portion Values

Mar 1, 2023 thru Mar 31, 2023

Menu Name: Millburn Middle School Lunch **Include Cost:** No
Site: **Report Style:** Detailed

Wednesday - 03/01/2023 Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
991243 BBQ Chicken Sandwich, Grilled, Commodity	Each	10	265	0.50	845	7	5.00	0.00	65	31.84	2.00	26.00	0	66.0	0.00	1.00
991244 BBQ Chicken Sandwich, Grilled, BB, P-460444	Each	10	325	3.00	1035	7	13.50	0.00	40	35.84	2.00	18.00	0	106.0	0.00	1.72
990907 Seasoned Spiral Fries, McCain, P-531785	1/2 Cup	100	100	0.00	150	0	3.00	0.00	0	17.00	1.00	1.00	0	0.0	2.40	0.00
990059 Tomato, Cherry, Packer	1/4 Cup	50	12	0.02	10	*N/A*	0.02	0.00	0	3.00	0.95	0.55	250	10.5	3.00	0.72
990584 Ketchup Packet, Red Gold, 9gm, P-74398	Each	100	10	0.00	85	2	0.00	0.00	0	2.00	0.00	0.00	0	0.0	0.00	0.00
990880 Ranch Dressing, Buttermilk, FF, PPI, P-333597	Each	50	10	0.00	125	0	0.00	0.00	0	2.00	0.00	0.00	0	0.0	0.00	0.00
991079 Nacho Supreme, Beef, Shred Chs	1 Serving (#16)	60	385	7.07	528	1	23.63	0.00	44	30.05	3.01	16.13	362	261.6	3.02	1.73
990956 Turkey & Cheese Sandwich, Jennie-O P-26381	Each	12	290	5.75	915	5	13.18	0.00	48	27.10	1.93	19.29	0	176.7	0.00	2.11
990742 Crispy Chicken Salad, Arbor F-6	Each	4	223	2.00	411	*0	10.11	0.00	35	18.19	4.30	16.34	8655	68.0	83.10	3.03
990730 Dinner Rolls, WG, Split Top, Bulk, P-394522	Each	2	61	0.00	137	1	0.51	0.00	0	13.16	1.01	2.02	*N/A*	20.2	*N/A*	0.71
990153 Goldfish Cracker, Cheddar, Whole Grain, P-233969	Each	2	100	0.50	170	0	4.00	0.00	0	14.00	1.00	2.00	0	20.0	0.00	0.72
991093 Garden Veggies Salad, Vegetarian	Each	4	259	10.15	384	*0	18.60	0.00	51	11.30	3.20	14.07	8988	438.3	7.77	1.77
990958 Pita Bread, WG, Kronos, P-888838	Each	4	190	1.00	310	0	5.00	0.00	0	31.00	3.00	5.00	0	100.0	0.00	1.80

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Portion Values

Mar 1, 2023 thru Mar 31, 2023

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990967 Fresh Fruit, Whole_____	1/2 Cup	25	81	0.06	1	14	0.25	0.00	0	21.17	3.16	0.82	121	19.6	22.03	0.25
991182 Canned Fruit, Commodity, Extra Light Syrup_____	1/2 Cup	25	58	0.00	5	12	0.00	0.00	0	14.60	1.00	0.00	450	0.0	0.96	0.00
991183 Frozen Fruit, Commodity,_____	1/2 Cup	25	78	0.01	0	15	0.10	0.00	0	18.70	2.02	0.46	*87	*5.2	*43.59	*0.17
991184 Dried Fruit, Commodity,_____	1/4 Cup	25	112	0.00	2	24	0.00	0.00	0	29.00	2.00	0.50	*N/A*	*N/A*	*N/A*	*N/A*
991107 Milk, 1%, Lowfat, White, Prairie Farms	Half Pint	10	100	1.50	120	11	2.50	0.00	15	11.00	0.00	8.00	750	290.0	0.00	2.70
990264 Milk, Skim, White, Dean's Dairy Pure	Half Pint	10	90	0.00	130	12	0.00	0.00	5	13.00	0.00	8.00	750	250.0	0.00	0.00
990571 Milk, Skim, Chocolate, TruMoo	Half Pint	10	110	0.00	210	18	0.00	0.00	5	19.00	0.00	8.00	750	290.0	15.00	0.00
990796 Milk, 1%, Lowfat, Chocolate, Prairie Farms	Half Pint	70	150	1.50	230	22	2.50	0.00	10	24.00	0.00	8.00	1000	200.0	0.00	0.00
Weighted Daily Average			693	7.05	1177	*40	24.15	0.00	56	94.48	6.41	27.61	*2137	*454.9	*27.49	*2.59
% of Calories				9.16%		*23.1%	31.4%	0.0%		54.5%		15.9%				
Weekly Nutrient Guideline			600 - 650	<10	1230		<=0									

Thursday - 03/02/2023

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990925 Rotini Pasta Bolognese, WG Barilla	1 Cup	20	286	4.61	244	4	13.81	0.72	43	25.98	5.59	18.42	0	57.0	0.00	3.52
990906 Garlic Bread, Texas Toast, WG, P-392110	Each	10	90	0.50	190	1	2.50	*N/A*	0	15.00	2.00	3.00	400	8.7	0.00	0.90
990055 Seasoned Green Beans, Arbor E-13	1/2 Cup	50	30	0.00	2	1	0.01	0.00	0	6.34	2.98	1.55	*0	*1.5	*0.08	*0.04

Base Menu Spreadsheet

Portion Values

Mar 1, 2023 thru Mar 31, 2023

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
991198 Green Salad	1/2 Cup	50	6	0.03	10	0	0.21	0.00	0	0.93	0.73	0.56	1688	35.9	12.15	0.39
990880 Ranch Dressing, Buttermilk, FF, PPI, P-333597	Each	50	10	0.00	125	0	0.00	0.00	0	2.00	0.00	0.00	0	0.0	0.00	0.00
990048 Crispy Chicken Sandwich, GoldKist, P-470164	Each	59	340	2.50	650	3	12.50	0.00	35	39.00	4.00	21.00	100	86.0	78.00	2.80
990644 Spicy Chicken Sandwich, Tyson, P-373370	Each	1	372	3.08	593	4	15.38	0.00	21	40.60	4.58	18.88	86	100.3	0.00	1.86
990956 Turkey & Cheese Sandwich, Jennie-O P-26381	Each	12	290	5.75	915	5	13.18	0.00	48	27.10	1.93	19.29	0	176.7	0.00	2.11
990742 Crispy Chicken Salad, Arbor F-6	Each	4	223	2.00	411	*0	10.11	0.00	35	18.19	4.30	16.34	8655	68.0	83.10	3.03
990730 Dinner Rolls, WG, Split Top, Bulk, P-394522	Each	2	61	0.00	137	1	0.51	0.00	0	13.16	1.01	2.02	*N/A*	20.2	*N/A*	0.71
990153 Goldfish Cracker, Cheddar, Whole Grain, P-233969	Each	2	100	0.50	170	0	4.00	0.00	0	14.00	1.00	2.00	0	20.0	0.00	0.72
991093 Garden Veggie Salad, Vegetarian	Each	4	259	10.15	384	*0	18.60	0.00	51	11.30	3.20	14.07	8988	438.3	7.77	1.77
990958 Pita Bread, WG, Kronos, P-888838	Each	4	190	1.00	310	0	5.00	0.00	0	31.00	3.00	5.00	0	100.0	0.00	1.80
990967 Fresh Fruit, Whole_____	1/2 Cup	25	81	0.06	1	14	0.25	0.00	0	21.17	3.16	0.82	121	19.6	22.03	0.25
991182 Canned Fruit, Commodity, Extra Light Syrup_____	1/2 Cup	25	58	0.00	5	12	0.00	0.00	0	14.60	1.00	0.00	450	0.0	0.96	0.00
991183 Frozen Fruit, Commodity,_____	1/2 Cup	25	78	0.01	0	15	0.10	0.00	0	18.70	2.02	0.46	*87	*5.2	*43.59	*0.17
991184 Dried Fruit, Commodity,_____	1/4 Cup	25	112	0.00	2	24	0.00	0.00	0	29.00	2.00	0.50	*N/A*	*N/A*	*N/A*	*N/A*
991107 Milk, 1%, Lowfat, White, Prairie Farms	Half Pint	10	100	1.50	120	11	2.50	0.00	15	11.00	0.00	8.00	750	290.0	0.00	2.70
990264 Milk, Skim, White, Dean's Dairy Pure	Half Pint	10	90	0.00	130	12	0.00	0.00	5	13.00	0.00	8.00	750	250.0	0.00	0.00
990571 Milk, Skim, Chocolate, TruMoo	Half Pint	10	110	0.00	210	18	0.00	0.00	5	19.00	0.00	8.00	750	290.0	15.00	0.00

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Portion Values

Mar 1, 2023 thru Mar 31, 2023

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990796 Milk, 1%, Lowfat, Chocolate, Prairie Farms	Half Pint	70	150	1.50	230	22	2.50	0.00	10	24.00	0.00	8.00	1000	200.0	0.00	0.00
Weighted Daily Average			576	4.93	895	*40	15.76	*0.14	48	82.93	8.32	29.88	*2739	*358.2	*73.91	*3.60
% of Calories				7.70%		*27.8%	24.6%	*0.2%		57.6%		20.8%				
Weekly Nutrient Guideline			600 - 650	<10	1230		<=0									

Friday - 03/03/2023

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990738 Corn Dog, Turkey, Mini, JTM, P-597483	6 Each	20	257	1.80	362	11	10.00	0.00	37	35.00	0.00	10.00	114	55.0	51.00	2.00
990224 Chili Lime Sweet Corn, Arbor E-45	1/2 Cup	50	86	1.06	17	*2	2.22	*0.00	5	18.21	2.04	3.04	283	3.4	6.15	0.39
990741 Marinated Green Beans, E-37	1/4 Cup	50	15	0.00	62	1	0.00	0.00	0	3.11	1.20	0.60	*0	*0.0	*0.00	*0.00
990880 Ranch Dressing, Buttermilk, FF, PPI, P-333597	Each	50	10	0.00	125	0	0.00	0.00	0	2.00	0.00	0.00	0	0.0	0.00	0.00
991256 Pizza, Cheese, 4x6, WG, 4.65oz, P-26016	Each (4.65 oz)	40	260	4.00	600	4	7.00	0.00	20	35.00	4.00	16.00	0	200.0	0.00	2.50
991185 WHOLE GRAIN CHEESE PIZZA Wedge 50 -50 P-349370	Pizza	19	300	4.00	480	8	11.00	0.00	15	35.00	4.00	16.00	450	306.0	0.00	2.60
990717 4"X6" WG Thin Crust Cheese Pizza, P-388895	Piece	1	300	5.00	440	8	11.00	0.00	25	34.00	4.00	16.00	270	263.0	0.00	2.30
990956 Turkey & Cheese Sandwich, Jennie-O P-26381	Each	12	290	5.75	915	5	13.18	0.00	48	27.10	1.93	19.29	0	176.7	0.00	2.11
990742 Crispy Chicken Salad, Arbor F-6	Each	4	223	2.00	411	*0	10.11	0.00	35	18.19	4.30	16.34	8655	68.0	83.10	3.03
990730 Dinner Rolls, WG, Split Top, Bulk, P-394522	Each	2	61	0.00	137	1	0.51	0.00	0	13.16	1.01	2.02	*N/A*	20.2	*N/A*	0.71

Base Menu Spreadsheet

Arbor Management Inc

Portion Values

Mar 1, 2023 thru Mar 31, 2023

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
990153 Goldfish Cracker, Cheddar, Whole Grain, P-233969	Each	2	100	0.50	170	0	4.00	0.00	0	14.00	1.00	2.00	0	20.0	0.00	0.72
991093 Garden Veggie Salad, Vegetarian	Each	4	259	10.15	384	*0	18.60	0.00	51	11.30	3.20	14.07	8988	438.3	7.77	1.77
990958 Pita Bread, WG, Kronos, P-888838	Each	4	190	1.00	310	0	5.00	0.00	0	31.00	3.00	5.00	0	100.0	0.00	1.80
990967 Fresh Fruit, Whole_____	1/2 Cup	25	81	0.06	1	14	0.25	0.00	0	21.17	3.16	0.82	121	19.6	22.03	0.25
991182 Canned Fruit, Commodity, Extra Light Syrup_____	1/2 Cup	25	58	0.00	5	12	0.00	0.00	0	14.60	1.00	0.00	450	0.0	0.96	0.00
991183 Frozen Fruit, Commodity,_____	1/2 Cup	25	78	0.01	0	15	0.10	0.00	0	18.70	2.02	0.46	*87	*5.2	*43.59	*0.17
991184 Dried Fruit, Commodity,_____	1/4 Cup	25	112	0.00	2	24	0.00	0.00	0	29.00	2.00	0.50	*N/A*	*N/A*	*N/A*	*N/A*
991107 Milk, 1%, Lowfat, White, Prairie Farms	Half Pint	10	100	1.50	120	11	2.50	0.00	15	11.00	0.00	8.00	750	290.0	0.00	2.70
990264 Milk, Skim, White, Dean's Dairy Pure	Half Pint	10	90	0.00	130	12	0.00	0.00	5	13.00	0.00	8.00	750	250.0	0.00	0.00
990571 Milk, Skim, Chocolate, TruMoo	Half Pint	10	110	0.00	210	18	0.00	0.00	5	19.00	0.00	8.00	750	290.0	15.00	0.00
990796 Milk, 1%, Lowfat, Chocolate, Prairie Farms	Half Pint	70	150	1.50	230	22	2.50	0.00	10	24.00	0.00	8.00	1000	200.0	0.00	0.00
Weighted Daily Average			553	5.74	879	*43	13.22	*0.00	39	87.83	6.76	25.68	*2048	*428.9	*35.05	*3.03
% of Calories				9.34%		*31.1%	21.5%	*0.0%		63.5%		18.6%				
Weekly Nutrient Guideline			600 - 650	<10	1230		<=0									

Monday - 03/06/2023

Reimbursable Meal Total 100

Base Menu Spreadsheet

Arbor Management Inc

Portion Values

Mar 1, 2023 thru Mar 31, 2023

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
991311 BBQ Pork Rib Sandwich P-51729	Each	20	307	3.84	648	9	12.11	0.03	30	34.63	3.30	17.23	100	91.0	1099.00	2.50
990565 Roasted Garlic Carrots E-33	1/2 Cup	50	41	0.05	74	5	0.50	0.00	0	9.01	3.64	0.94	15469	39.6	2.73	0.51
990926 Fresh Coleslaw, T. Marzetti's	1/4 Cup	50	39	0.54	77	1	3.28	0.00	4	2.20	0.13	0.21	22	7.4	7.96	0.08
990031 Cheeseburger on WG Bun, P-369328	1 Each	59	320	6.20	733	4	15.00	0.00	46	28.00	3.00	21.50	*0	173.0	*0.00	3.00
990052 Hamburger, WG P-369328	Each	1	270	3.70	513	3	10.50	0.00	34	27.00	3.00	19.00	*0	103.0	*0.00	3.00
990956 Turkey & Cheese Sandwich, Jennie-O P-26381	Each	12	290	5.75	915	5	13.18	0.00	48	27.10	1.93	19.29	0	176.7	0.00	2.11
990742 Crispy Chicken Salad, Arbor F-6	Each	4	223	2.00	411	*0	10.11	0.00	35	18.19	4.30	16.34	8655	68.0	83.10	3.03
990730 Dinner Rolls, WG, Split Top, Bulk, P-394522	Each	2	61	0.00	137	1	0.51	0.00	0	13.16	1.01	2.02	*N/A*	20.2	*N/A*	0.71
990153 Goldfish Cracker, Cheddar, Whole Grain, P-233969	Each	2	100	0.50	170	0	4.00	0.00	0	14.00	1.00	2.00	0	20.0	0.00	0.72
991093 Garden Veggie Salad, Vegetarian	Each	4	259	10.15	384	*0	18.60	0.00	51	11.30	3.20	14.07	8988	438.3	7.77	1.77
990958 Pita Bread, WG, Kronos, P-888838	Each	4	190	1.00	310	0	5.00	0.00	0	31.00	3.00	5.00	0	100.0	0.00	1.80
990967 Fresh Fruit, Whole_____	1/2 Cup	25	81	0.06	1	14	0.25	0.00	0	21.17	3.16	0.82	121	19.6	22.03	0.25
991182 Canned Fruit, Commodity, Extra Light Syrup_____	1/2 Cup	25	58	0.00	5	12	0.00	0.00	0	14.60	1.00	0.00	450	0.0	0.96	0.00
991183 Frozen Fruit, Commodity,_____	1/2 Cup	25	78	0.01	0	15	0.10	0.00	0	18.70	2.02	0.46	*87	*5.2	*43.59	*0.17
991184 Dried Fruit, Commodity,_____	1/4 Cup	25	112	0.00	2	24	0.00	0.00	0	29.00	2.00	0.50	*N/A*	*N/A*	*N/A*	*N/A*
991107 Milk, 1%, Lowfat, White, Prairie Farms	Half Pint	10	100	1.50	120	11	2.50	0.00	15	11.00	0.00	8.00	750	290.0	0.00	2.70
990264 Milk, Skim, White, Dean's Dairy Pure	Half Pint	10	90	0.00	130	12	0.00	0.00	5	13.00	0.00	8.00	750	250.0	0.00	0.00

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990571 Milk, Skim, Chocolate, TruMoo	Half Pint	10	110	0.00	210	18	0.00	0.00	5	19.00	0.00	8.00	750	290.0	15.00	0.00
990796 Milk, 1%, Lowfat, Chocolate, Prairie Farms	Half Pint	70	150	1.50	230	22	2.50	0.00	10	24.00	0.00	8.00	1000	200.0	0.00	0.00
Weighted Daily Average			575	7.20	1012	*43	18.38	0.01	54	77.50	7.08	29.15	*9561	*420.3	*246.92	*3.52
% of Calories				11.27%		*29.9%	28.8%	0.0%		53.9%		20.3%				
Weekly Nutrient Guideline			600 - 650	<10	1230		<=0									

Tuesday - 03/07/2023

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990653 French Toast Sticks, WG, Farm Rich, P-419746	4 Sticks	20	260	1.50	300	9	10.00	0.00	0	37.00	3.00	6.00	0	40.0	0.00	1.80
990084 Turkey Sausage Patty, Jennie-O, P-51818	Each-1.03 oz	20	60	1.00	100	*N/A*	4.00	0.00	30	0.00	0.00	6.00	0	20.0	0.00	0.36
990561 Tater Tots, ORE-IDA, P-284787	1/2 C (8 ea)	85	116	0.89	277	0	5.36	0.00	0	14.29	1.79	1.79	0	0.0	3.21	0.16
990523 CELERY STICKS	1/4 Cup	50	5	0.02	30	0	0.06	0.00	0	1.10	0.59	0.26	167	14.9	1.15	0.07
990880 Ranch Dressing, Buttermilk, FF, PPI, P-333597	Each	50	10	0.00	125	0	0.00	0.00	0	2.00	0.00	0.00	0	0.0	0.00	0.00
991136 Syrup, 1.5 oz Cup, Madeira, P-1779	Each	20	120	0.00	20	22	0.00	0.00	0	30.00	0.00	0.00	0	0.0	0.00	0.00
990375 Chicken Nuggets, Goldkist, P-470452	5 Each	60	200	2.00	400	0	10.00	0.00	35	13.00	2.00	15.00	100	20.0	78.00	1.80
991092 Goldfish Pretzels, .75 oz, WG, Pep Farm, P-976031	Each	60	90	0.00	200	0	1.50	0.00	0	16.00	1.00	2.00	*N/A*	*N/A*	*N/A*	0.72
990956 Turkey & Cheese Sandwich, Jennie-O P-26381	Each	12	290	5.75	915	5	13.18	0.00	48	27.10	1.93	19.29	0	176.7	0.00	2.11

Base Menu Spreadsheet

Arbor Management Inc

Portion Values

Mar 1, 2023 thru Mar 31, 2023

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990742 Crispy Chicken Salad, Arbor F-6	Each	4	223	2.00	411	*0	10.11	0.00	35	18.19	4.30	16.34	8655	68.0	83.10	3.03
990730 Dinner Rolls, WG, Split Top, Bulk, P-394522	Each	2	61	0.00	137	1	0.51	0.00	0	13.16	1.01	2.02	*N/A*	20.2	*N/A*	0.71
990153 Goldfish Cracker, Cheddar, Whole Grain, P-233969	Each	2	100	0.50	170	0	4.00	0.00	0	14.00	1.00	2.00	0	20.0	0.00	0.72
991093 Garden Veggie Salad, Vegetarian	Each	4	259	10.15	384	*0	18.60	0.00	51	11.30	3.20	14.07	8988	438.3	7.77	1.77
990958 Pita Bread, WG, Kronos, P-888838	Each	4	190	1.00	310	0	5.00	0.00	0	31.00	3.00	5.00	0	100.0	0.00	1.80
990967 Fresh Fruit, Whole_____	1/2 Cup	25	81	0.06	1	14	0.25	0.00	0	21.17	3.16	0.82	121	19.6	22.03	0.25
991182 Canned Fruit, Commodity, Extra Light Syrup_____	1/2 Cup	25	58	0.00	5	12	0.00	0.00	0	14.60	1.00	0.00	450	0.0	0.96	0.00
991183 Frozen Fruit, Commodity,_____	1/2 Cup	25	78	0.01	0	15	0.10	0.00	0	18.70	2.02	0.46	*87	*5.2	*43.59	*0.17
991184 Dried Fruit, Commodity,_____	1/4 Cup	25	112	0.00	2	24	0.00	0.00	0	29.00	2.00	0.50	*N/A*	*N/A*	*N/A*	*N/A*
991107 Milk, 1%, Lowfat, White, Prairie Farms	Half Pint	10	100	1.50	120	11	2.50	0.00	15	11.00	0.00	8.00	750	290.0	0.00	2.70
990264 Milk, Skim, White, Dean's Dairy Pure	Half Pint	10	90	0.00	130	12	0.00	0.00	5	13.00	0.00	8.00	750	250.0	0.00	0.00
990571 Milk, Skim, Chocolate, TruMoo	Half Pint	10	110	0.00	210	18	0.00	0.00	5	19.00	0.00	8.00	750	290.0	15.00	0.00
990796 Milk, 1%, Lowfat, Chocolate, Prairie Farms	Half Pint	70	150	1.50	230	22	2.50	0.00	10	24.00	0.00	8.00	1000	200.0	0.00	0.00
Weighted Daily Average			650	4.91	1126	*43	19.39	0.00	46	92.68	6.95	26.50	*1939	*306.9	*71.89	*3.04
% of Calories				6.80%		*26.5%	26.8%	0.0%		57.0%		16.3%				
Weekly Nutrient Guideline			600 - 650	<10	1230		<=0									

Wednesday - 03/08/2023

Reimbursable Meal Total 100

Base Menu Spreadsheet

Portion Values

Mar 1, 2023 thru Mar 31, 2023

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990057 Pizza Dippers, The Max, P-43901	2 Each	20	300	5.00	740	6	12.00	0.00	10	34.00	4.00	14.00	200	300.0	0.00	0.26
990058 Marinara Sauce, Red Pack, P-971691	1/4 Cup	20	30	0.00	67	3	0.74	0.00	0	4.96	0.99	0.99	0	19.8	0.00	0.54
000433 MIXED VEGETABLES:frozen,boiled	1/2 CUP	50	59	0.03	32	3	0.14	0.00	0	11.91	4.00	2.60	3892	22.8	2.91	0.75
991198 Green Salad	1/2 Cup	50	6	0.03	10	0	0.21	0.00	0	0.93	0.73	0.56	1688	35.9	12.15	0.39
990880 Ranch Dressing, Buttermilk, FF, PPI, P-333597	Each	50	10	0.00	125	0	0.00	0.00	0	2.00	0.00	0.00	0	0.0	0.00	0.00
991079 Nacho Supreme, Beef, Shred Chs (#16)	1 Serving	60	385	7.07	528	1	23.63	0.00	44	30.05	3.01	16.13	362	261.6	3.02	1.73
990956 Turkey & Cheese Sandwich, Jennie-O P-26381	Each	12	290	5.75	915	5	13.18	0.00	48	27.10	1.93	19.29	0	176.7	0.00	2.11
990742 Crispy Chicken Salad, Arbor F-6	Each	4	223	2.00	411	*0	10.11	0.00	35	18.19	4.30	16.34	8655	68.0	83.10	3.03
990730 Dinner Rolls, WG, Split Top, Bulk, P-394522	Each	2	61	0.00	137	1	0.51	0.00	0	13.16	1.01	2.02	*N/A*	20.2	*N/A*	0.71
990153 Goldfish Cracker, Cheddar, Whole Grain, P-233969	Each	2	100	0.50	170	0	4.00	0.00	0	14.00	1.00	2.00	0	20.0	0.00	0.72
991093 Garden Veggie Salad, Vegetarian	Each	4	259	10.15	384	*0	18.60	0.00	51	11.30	3.20	14.07	8988	438.3	7.77	1.77
990958 Pita Bread, WG, Kronos, P-888838	Each	4	190	1.00	310	0	5.00	0.00	0	31.00	3.00	5.00	0	100.0	0.00	1.80
990967 Fresh Fruit, Whole_____	1/2 Cup	25	81	0.06	1	14	0.25	0.00	0	21.17	3.16	0.82	121	19.6	22.03	0.25
991182 Canned Fruit, Commodity, Extra Light Syrup_____	1/2 Cup	25	58	0.00	5	12	0.00	0.00	0	14.60	1.00	0.00	450	0.0	0.96	0.00
991183 Frozen Fruit, Commodity,_____	1/2 Cup	25	78	0.01	0	15	0.10	0.00	0	18.70	2.02	0.46	*87	*5.2	*43.59	*0.17
991184 Dried Fruit, Commodity,_____	1/4 Cup	25	112	0.00	2	24	0.00	0.00	0	29.00	2.00	0.50	*N/A*	*N/A*	*N/A*	*N/A*
991107 Milk, 1%, Lowfat, White, Prairie Farms	Half Pint	10	100	1.50	120	11	2.50	0.00	15	11.00	0.00	8.00	750	290.0	0.00	2.70

Base Menu Spreadsheet

Portion Values

Mar 1, 2023 thru Mar 31, 2023

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990264 Milk, Skim, White, Dean's Dairy Pure	Half Pint	10	90	0.00	130	12	0.00	0.00	5	13.00	0.00	8.00	750	250.0	0.00	0.00
990571 Milk, Skim, Chocolate, TruMoo	Half Pint	10	110	0.00	210	18	0.00	0.00	5	19.00	0.00	8.00	750	290.0	15.00	0.00
990796 Milk, 1%, Lowfat, Chocolate, Prairie Farms	Half Pint	70	150	1.50	230	22	2.50	0.00	10	24.00	0.00	8.00	1000	200.0	0.00	0.00
Weighted Daily Average			617	7.71	931	*40	22.01	0.00	47	81.42	7.91	26.52	*4843	*525.7	*31.12	*2.68
% of Calories				11.25%		*25.9%	32.1%	0.0%		52.8%		17.2%				
Weekly Nutrient Guideline			600 - 650	<10	1230		<=0									

Thursday - 03/09/2023

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
991181 Chicken & Cheese Quesadilla	Quesadilla	20	374	10.28	541	2	19.27	0.00	64	32.04	3.00	20.11	0	333.1	0.00	1.57
990176 Seasoned Black Beans, Arbor E-9	1/2 Cup	50	106	0.00	147	*0	0.02	*0.00	0	19.12	6.34	7.35	1	43.4	0.16	2.89
990557 Baby Carrots, 1.25 oz	1/4 Cup	50	16	0.00	19	2	0.00	0.00	0	3.75	1.25	0.62	2812	12.5	3.00	0.22
990880 Ranch Dressing, Buttermilk, FF, PPI, P-333597	Each	50	10	0.00	125	0	0.00	0.00	0	2.00	0.00	0.00	0	0.0	0.00	0.00
990124 Salsa, Mild, Red Gold, P-886718	2 Ounces	50	20	0.00	140	2	0.00	0.00	0	4.00	1.00	0.00	1000	40.0	12.00	0.72
990048 Crispy Chicken Sandwich, GoldKist, P-470164	Each	59	340	2.50	650	3	12.50	0.00	35	39.00	4.00	21.00	100	86.0	78.00	2.80
990644 Spicy Chicken Sandwich, Tyson, P-373370	Each	1	372	3.08	593	4	15.38	0.00	21	40.60	4.58	18.88	86	100.3	0.00	1.86
990956 Turkey & Cheese Sandwich, Jennie-O P-26381	Each	12	290	5.75	915	5	13.18	0.00	48	27.10	1.93	19.29	0	176.7	0.00	2.11

Base Menu Spreadsheet

Arbor Management Inc

Portion Values

Mar 1, 2023 thru Mar 31, 2023

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990742 Crispy Chicken Salad, Arbor F-6	Each	4	223	2.00	411	*0	10.11	0.00	35	18.19	4.30	16.34	8655	68.0	83.10	3.03
990730 Dinner Rolls, WG, Split Top, Bulk, P-394522	Each	2	61	0.00	137	1	0.51	0.00	0	13.16	1.01	2.02	*N/A*	20.2	*N/A*	0.71
990153 Goldfish Cracker, Cheddar, Whole Grain, P-233969	Each	2	100	0.50	170	0	4.00	0.00	0	14.00	1.00	2.00	0	20.0	0.00	0.72
991093 Garden Veggie Salad, Vegetarian	Each	4	259	10.15	384	*0	18.60	0.00	51	11.30	3.20	14.07	8988	438.3	7.77	1.77
990958 Pita Bread, WG, Kronos, P-888838	Each	4	190	1.00	310	0	5.00	0.00	0	31.00	3.00	5.00	0	100.0	0.00	1.80
990967 Fresh Fruit, Whole_____	1/2 Cup	25	81	0.06	1	14	0.25	0.00	0	21.17	3.16	0.82	121	19.6	22.03	0.25
991182 Canned Fruit, Commodity, Extra Light Syrup_____	1/2 Cup	25	58	0.00	5	12	0.00	0.00	0	14.60	1.00	0.00	450	0.0	0.96	0.00
991183 Frozen Fruit, Commodity,_____	1/2 Cup	25	78	0.01	0	15	0.10	0.00	0	18.70	2.02	0.46	*87	*5.2	*43.59	*0.17
991184 Dried Fruit, Commodity,_____	1/4 Cup	25	112	0.00	2	24	0.00	0.00	0	29.00	2.00	0.50	*N/A*	*N/A*	*N/A*	*N/A*
991107 Milk, 1%, Lowfat, White, Prairie Farms	Half Pint	10	100	1.50	120	11	2.50	0.00	15	11.00	0.00	8.00	750	290.0	0.00	2.70
990264 Milk, Skim, White, Dean's Dairy Pure	Half Pint	10	90	0.00	130	12	0.00	0.00	5	13.00	0.00	8.00	750	250.0	0.00	0.00
990571 Milk, Skim, Chocolate, TruMoo	Half Pint	10	110	0.00	210	18	0.00	0.00	5	19.00	0.00	8.00	750	290.0	15.00	0.00
990796 Milk, 1%, Lowfat, Chocolate, Prairie Farms	Half Pint	70	150	1.50	230	22	2.50	0.00	10	24.00	0.00	8.00	1000	200.0	0.00	0.00
Weighted Daily Average			637	6.00	1082	*41	16.50	*0.00	52	92.44	10.04	32.85	*3762	*441.8	*75.38	*4.82
% of Calories				8.48%		*25.7%	23.3%	*0.0%		58.0%		20.6%				
Weekly Nutrient Guideline			600 - 650	<10	1230		<=0									

Friday - 03/10/2023

Reimbursable Meal Total 100

Base Menu Spreadsheet

Arbor Management Inc

Portion Values

Mar 1, 2023 thru Mar 31, 2023

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
991236 Baked Potato w/ Chili, JTM	1 Each	10	350	7.63	327	5	11.87	0.00	41	46.49	6.13	16.71	17	240.2	21.80	2.61
991239 Baked Potato w/ JTM Cheese Sauce	1 Each	10	359	6.31	826	10	10.52	0.00	38	50.62	4.00	14.52	*520	*391.3	*0.00	*18.94
990790 Pretzel, Soft, 2.2 oz, 51% WW, FZ, J&J, P-347992	Each	20	140	0.00	150	1	0.50	0.00	0	30.00	3.00	5.00	0	20.0	1.20	1.80
990415 Broccoli, FZ, USDA, 1/2C, 5g	1/2 Cup	50	26	0.00	22	1	0.00	0.00	0	5.00	3.00	3.00	*N/A*	*N/A*	*N/A*	*N/A*
000377 CUCUMBER,RAW, Sliced	1/4 Cup	50	3	0.02	1	0	0.05	0.00	0	0.64	0.21	0.18	21	4.2	0.95	0.06
990880 Ranch Dressing, Buttermilk, FF, PPI, P-333597	Each	50	10	0.00	125	0	0.00	0.00	0	2.00	0.00	0.00	0	0.0	0.00	0.00
991256 Pizza, Cheese, 4x6, WG, 4.65oz, P-26016	Each (4.65 oz)	40	260	4.00	600	4	7.00	0.00	20	35.00	4.00	16.00	0	200.0	0.00	2.50
991185 WHOLE GRAIN CHEESE PIZZA Wedge 50 -50 P-349370	Pizza	19	300	4.00	480	8	11.00	0.00	15	35.00	4.00	16.00	450	306.0	0.00	2.60
990717 4"X6" WG Thin Crust Cheese Pizza, P-388895	Piece	1	300	5.00	440	8	11.00	0.00	25	34.00	4.00	16.00	270	263.0	0.00	2.30
990956 Turkey & Cheese Sandwich, Jennie-O P-26381	Each	12	290	5.75	915	5	13.18	0.00	48	27.10	1.93	19.29	0	176.7	0.00	2.11
990742 Crispy Chicken Salad, Arbor F-6	Each	4	223	2.00	411	*0	10.11	0.00	35	18.19	4.30	16.34	8655	68.0	83.10	3.03
990730 Dinner Rolls, WG, Split Top, Bulk, P-394522	Each	2	61	0.00	137	1	0.51	0.00	0	13.16	1.01	2.02	*N/A*	20.2	*N/A*	0.71
990153 Goldfish Cracker, Cheddar, Whole Grain, P-233969	Each	2	100	0.50	170	0	4.00	0.00	0	14.00	1.00	2.00	0	20.0	0.00	0.72
991093 Garden Veggies Salad, Vegetarian	Each	4	259	10.15	384	*0	18.60	0.00	51	11.30	3.20	14.07	8988	438.3	7.77	1.77
990958 Pita Bread, WG, Kronos, P-888838	Each	4	190	1.00	310	0	5.00	0.00	0	31.00	3.00	5.00	0	100.0	0.00	1.80
990967 Fresh Fruit, Whole_____	1/2 Cup	25	81	0.06	1	14	0.25	0.00	0	21.17	3.16	0.82	121	19.6	22.03	0.25
991182 Canned Fruit, Commodity, Extra Light Syrup_____	1/2 Cup	25	58	0.00	5	12	0.00	0.00	0	14.60	1.00	0.00	450	0.0	0.96	0.00

Base Menu Spreadsheet

Portion Values

Mar 1, 2023 thru Mar 31, 2023

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
991183 Frozen Fruit, Commodity, _____	1/2 Cup	25	78	0.01	0	15	0.10	0.00	0	18.70	2.02	0.46	*87	*5.2	*43.59	*0.17
991184 Dried Fruit, Commodity, _____	1/4 Cup	25	112	0.00	2	24	0.00	0.00	0	29.00	2.00	0.50	*N/A*	*N/A*	*N/A*	*N/A*
991107 Milk, 1%, Lowfat, White, Prairie Farms	Half Pint	10	100	1.50	120	11	2.50	0.00	15	11.00	0.00	8.00	750	290.0	0.00	2.70
990264 Milk, Skim, White, Dean's Dairy Pure	Half Pint	10	90	0.00	130	12	0.00	0.00	5	13.00	0.00	8.00	750	250.0	0.00	0.00
990571 Milk, Skim, Chocolate, TruMoo	Half Pint	10	110	0.00	210	18	0.00	0.00	5	19.00	0.00	8.00	750	290.0	15.00	0.00
990796 Milk, 1%, Lowfat, Chocolate, Prairie Farms	Half Pint	70	150	1.50	230	22	2.50	0.00	10	24.00	0.00	8.00	1000	200.0	0.00	0.00
Weighted Daily Average			565	6.26	924	*42	12.47	0.00	38	88.70	8.35	27.57	*1948	*485.5	*24.67	*4.98
% of Calories				9.97%		*29.7%	19.9%	0.0%		62.8%		19.5%				
Weekly Nutrient Guideline			600 - 650	<10	1230		<=0									

Monday - 03/13/2023

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
991048 Chicken, Orange, Yang's, P-435353	3.6 oz	20	150	0.50	280	10	3.00	0.00	40	19.00	0.00	11.00	0	0.0	1.20	0.72
990184 Brown Rice, Uncle Ben's, P-43257	1 Cup Cooked	20	205	0.00	0	0	1.81	0.00	0	42.22	2.41	4.82	0	0.0	0.00	0.87
990055 Seasoned Green Beans, Arbor E-13	1/2 Cup	50	30	0.00	2	1	0.01	0.00	0	6.34	2.98	1.55	*0	*1.5	*0.08	*0.04
990557 Baby Carrots, 1.25 oz	1/4 Cup	50	16	0.00	19	2	0.00	0.00	0	3.75	1.25	0.62	2812	12.5	3.00	0.22
990880 Ranch Dressing, Buttermilk, FF, PPI, P-333597	Each	50	10	0.00	125	0	0.00	0.00	0	2.00	0.00	0.00	0	0.0	0.00	0.00

Base Menu Spreadsheet

Portion Values

Mar 1, 2023 thru Mar 31, 2023

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
990031 Cheeseburger on WG Bun, P-369328	1 Each	59	320	6.20	733	4	15.00	0.00	46	28.00	3.00	21.50	*0	173.0	*0.00	3.00
990052 Hamburger, WG P-369328	Each	1	270	3.70	513	3	10.50	0.00	34	27.00	3.00	19.00	*0	103.0	*0.00	3.00
990956 Turkey & Cheese Sandwich, Jennie-O P-26381	Each	12	290	5.75	915	5	13.18	0.00	48	27.10	1.93	19.29	0	176.7	0.00	2.11
990742 Crispy Chicken Salad, Arbor F-6	Each	4	223	2.00	411	*0	10.11	0.00	35	18.19	4.30	16.34	8655	68.0	83.10	3.03
990730 Dinner Rolls, WG, Split Top, Bulk, P-394522	Each	2	61	0.00	137	1	0.51	0.00	0	13.16	1.01	2.02	*N/A*	20.2	*N/A*	0.71
990153 Goldfish Cracker, Cheddar, Whole Grain, P-233969	Each	2	100	0.50	170	0	4.00	0.00	0	14.00	1.00	2.00	0	20.0	0.00	0.72
991093 Garden Veggie Salad, Vegetarian	Each	4	259	10.15	384	*0	18.60	0.00	51	11.30	3.20	14.07	8988	438.3	7.77	1.77
990958 Pita Bread, WG, Kronos, P-888838	Each	4	190	1.00	310	0	5.00	0.00	0	31.00	3.00	5.00	0	100.0	0.00	1.80
990967 Fresh Fruit, Whole_____	1/2 Cup	25	81	0.06	1	14	0.25	0.00	0	21.17	3.16	0.82	121	19.6	22.03	0.25
991182 Canned Fruit, Commodity, Extra Light Syrup_____	1/2 Cup	25	58	0.00	5	12	0.00	0.00	0	14.60	1.00	0.00	450	0.0	0.96	0.00
991183 Frozen Fruit, Commodity,_____	1/2 Cup	25	78	0.01	0	15	0.10	0.00	0	18.70	2.02	0.46	*87	*5.2	*43.59	*0.17
991184 Dried Fruit, Commodity,_____	1/4 Cup	25	112	0.00	2	24	0.00	0.00	0	29.00	2.00	0.50	*N/A*	*N/A*	*N/A*	*N/A*
991107 Milk, 1%, Lowfat, White, Prairie Farms	Half Pint	10	100	1.50	120	11	2.50	0.00	15	11.00	0.00	8.00	750	290.0	0.00	2.70
990264 Milk, Skim, White, Dean's Dairy Pure	Half Pint	10	90	0.00	130	12	0.00	0.00	5	13.00	0.00	8.00	750	250.0	0.00	0.00
990571 Milk, Skim, Chocolate, TruMoo	Half Pint	10	110	0.00	210	18	0.00	0.00	5	19.00	0.00	8.00	750	290.0	15.00	0.00

Base Menu Spreadsheet

Portion Values

Mar 1, 2023 thru Mar 31, 2023

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990796 Milk, 1%, Lowfat, Chocolate, Prairie Farms	Half Pint	70	150	1.50	230	22	2.50	0.00	10	24.00	0.00	8.00	1000	200.0	0.00	0.00
Weighted Daily Average			572	6.24	936	*42	15.03	0.00	54	83.26	7.13	29.39	*3202	*385.6	*23.56	*3.17
% of Calories				9.82%		*29.4%	23.6%	0.0%		58.2%		20.6%				
Weekly Nutrient Guideline			600 - 650	<10	1230		<=0									

Tuesday - 03/14/2023

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
991147 Beef Soft Tacos, JTM, Shred Ched, Azteca	2 Tacos	20	349	7.33	537	4	14.05	0.00	47	36.40	5.80	19.62	645	184.4	5.39	3.24
991249 Fiesta Beans, P-370923	1/2 Cup	50	163	0.00	175	*0	1.04	*0.00	0	28.68	11.14	10.14	2	56.5	0.11	2.52
991262 PEPPERS,SWEET,RED,R AW	1/4 Cup	50	6	0.01	1	1	0.07	0.00	0	1.39	0.48	0.23	720	1.6	29.37	0.10
990880 Ranch Dressing, Buttermilk, FF, PPI, P-333597	Each	50	10	0.00	125	0	0.00	0.00	0	2.00	0.00	0.00	0	0.0	0.00	0.00
990124 Salsa, Mild, Red Gold, P-886718	2 Ounces	20	20	0.00	140	2	0.00	0.00	0	4.00	1.00	0.00	1000	40.0	12.00	0.72
990375 Chicken Nuggets, Goldkist, P-470452	5 Each	60	200	2.00	400	0	10.00	0.00	35	13.00	2.00	15.00	100	20.0	78.00	1.80
991092 Goldfish Pretzels, .75 oz, WG, Pep Farm, P-976031	Each	60	90	0.00	200	0	1.50	0.00	0	16.00	1.00	2.00	*N/A*	*N/A*	*N/A*	0.72
990956 Turkey & Cheese Sandwich, Jennie-O P-26381	Each	12	290	5.75	915	5	13.18	0.00	48	27.10	1.93	19.29	0	176.7	0.00	2.11
990742 Crispy Chicken Salad, Arbor F-6	Each	4	223	2.00	411	*0	10.11	0.00	35	18.19	4.30	16.34	8655	68.0	83.10	3.03
990730 Dinner Rolls, WG, Split Top, Bulk, P-394522	Each	2	61	0.00	137	1	0.51	0.00	0	13.16	1.01	2.02	*N/A*	20.2	*N/A*	0.71

Base Menu Spreadsheet

Arbor Management Inc

Portion Values

Mar 1, 2023 thru Mar 31, 2023

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990153 Goldfish Cracker, Cheddar, Whole Grain, P-233969	Each	2	100	0.50	170	0	4.00	0.00	0	14.00	1.00	2.00	0	20.0	0.00	0.72
991093 Garden Veggie Salad, Vegetarian	Each	4	259	10.15	384	*0	18.60	0.00	51	11.30	3.20	14.07	8988	438.3	7.77	1.77
990958 Pita Bread, WG, Kronos, P-888838	Each	4	190	1.00	310	0	5.00	0.00	0	31.00	3.00	5.00	0	100.0	0.00	1.80
990967 Fresh Fruit, Whole_____	1/2 Cup	25	81	0.06	1	14	0.25	0.00	0	21.17	3.16	0.82	121	19.6	22.03	0.25
991182 Canned Fruit, Commodity, Extra Light Syrup_____	1/2 Cup	25	58	0.00	5	12	0.00	0.00	0	14.60	1.00	0.00	450	0.0	0.96	0.00
991183 Frozen Fruit, Commodity,_____	1/2 Cup	25	78	0.01	0	15	0.10	0.00	0	18.70	2.02	0.46	*87	*5.2	*43.59	*0.17
991184 Dried Fruit, Commodity,_____	1/4 Cup	25	112	0.00	2	24	0.00	0.00	0	29.00	2.00	0.50	*N/A*	*N/A*	*N/A*	*N/A*
991107 Milk, 1%, Lowfat, White, Prairie Farms	Half Pint	10	100	1.50	120	11	2.50	0.00	15	11.00	0.00	8.00	750	290.0	0.00	2.70
990264 Milk, Skim, White, Dean's Dairy Pure	Half Pint	10	90	0.00	130	12	0.00	0.00	5	13.00	0.00	8.00	750	250.0	0.00	0.00
990571 Milk, Skim, Chocolate, TruMoo	Half Pint	10	110	0.00	210	18	0.00	0.00	5	19.00	0.00	8.00	750	290.0	15.00	0.00
990796 Milk, 1%, Lowfat, Chocolate, Prairie Farms	Half Pint	70	150	1.50	230	22	2.50	0.00	10	24.00	0.00	8.00	1000	200.0	0.00	0.00
Weighted Daily Average			620	5.12	1015	*38	15.37	*0.00	49	89.69	11.70	31.57	*2545	*361.4	*86.80	*4.53
% of Calories				7.43%		*24.5%	22.3%	*0.0%		57.9%		20.4%				
Weekly Nutrient Guideline			600 - 650	<10	1230		<=0									

Wednesday - 03/15/2023

Reimbursable Meal Total 100

Base Menu Spreadsheet

Arbor Management Inc

Portion Values

Mar 1, 2023 thru Mar 31, 2023

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)	
990914	Homemade Macaroni & Cheese, JTM Cheese Sauce	#6 Scoop	10	289	6.53	714	8	11.55	0.00	38	31.78	0.51	13.83	433	375.0	0.00	16.69
991154	Macaroni & Cheese, Stick Pasta, WG, JTM, P-472598	6 oz	10	312	8.92	800	3	15.38	0.00	47	26.67	0.00	16.41	671	375.4	0.00	1.03
990530	Pretzel Rod, Soft, 1 oz, Whole Grain, P-882698	Each	20	70	0.00	40	0	0.50	0.00	0	14.00	1.00	2.00	0	0.0	0.00	0.72
990415	Broccoli, FZ, USDA, 1/2C, 5g	1/2 Cup	50	26	0.00	22	1	0.00	0.00	0	5.00	3.00	3.00	*N/A*	*N/A*	*N/A*	*N/A*
990059	Tomato, Cherry, Packer	1/4 Cup	50	12	0.02	10	*N/A*	0.02	0.00	0	3.00	0.95	0.55	250	10.5	3.00	0.72
990880	Ranch Dressing, Buttermilk, FF, PPI, P-333597	Each	50	10	0.00	125	0	0.00	0.00	0	2.00	0.00	0.00	0	0.0	0.00	0.00
991079	Nacho Supreme, Beef, Shred Chs (#16)	1 Serving	60	385	7.07	528	1	23.63	0.00	44	30.05	3.01	16.13	362	261.6	3.02	1.73
990956	Turkey & Cheese Sandwich, Jennie-O P-26381	Each	12	290	5.75	915	5	13.18	0.00	48	27.10	1.93	19.29	0	176.7	0.00	2.11
990742	Crispy Chicken Salad, Arbor F-6	Each	4	223	2.00	411	*0	10.11	0.00	35	18.19	4.30	16.34	8655	68.0	83.10	3.03
990730	Dinner Rolls, WG, Split Top, Bulk, P-394522	Each	2	61	0.00	137	1	0.51	0.00	0	13.16	1.01	2.02	*N/A*	20.2	*N/A*	0.71
990153	Goldfish Cracker, Cheddar, Whole Grain, P-233969	Each	2	100	0.50	170	0	4.00	0.00	0	14.00	1.00	2.00	0	20.0	0.00	0.72
991093	Garden Veggie Salad, Vegetarian	Each	4	259	10.15	384	*0	18.60	0.00	51	11.30	3.20	14.07	8988	438.3	7.77	1.77
990958	Pita Bread, WG, Kronos, P-888838	Each	4	190	1.00	310	0	5.00	0.00	0	31.00	3.00	5.00	0	100.0	0.00	1.80
990967	Fresh Fruit, Whole_____	1/2 Cup	25	81	0.06	1	14	0.25	0.00	0	21.17	3.16	0.82	121	19.6	22.03	0.25
991182	Canned Fruit, Commodity, Extra Light Syrup_____	1/2 Cup	25	58	0.00	5	12	0.00	0.00	0	14.60	1.00	0.00	450	0.0	0.96	0.00
991183	Frozen Fruit, Commodity,_____	1/2 Cup	25	78	0.01	0	15	0.10	0.00	0	18.70	2.02	0.46	*87	*5.2	*43.59	*0.17

Base Menu Spreadsheet

Portion Values

Mar 1, 2023 thru Mar 31, 2023

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
991184 Dried Fruit, Commodity,	1/4 Cup	25	112	0.00	2	24	0.00	0.00	0	29.00	2.00	0.50	*N/A*	*N/A*	*N/A*	*N/A*
991107 Milk, 1%, Lowfat, White, Prairie Farms	Half Pint	10	100	1.50	120	11	2.50	0.00	15	11.00	0.00	8.00	750	290.0	0.00	2.70
990264 Milk, Skim, White, Dean's Dairy Pure	Half Pint	10	90	0.00	130	12	0.00	0.00	5	13.00	0.00	8.00	750	250.0	0.00	0.00
990571 Milk, Skim, Chocolate, TruMoo	Half Pint	10	110	0.00	210	18	0.00	0.00	5	19.00	0.00	8.00	750	290.0	15.00	0.00
990796 Milk, 1%, Lowfat, Chocolate, Prairie Farms	Half Pint	70	150	1.50	230	22	2.50	0.00	10	24.00	0.00	8.00	1000	200.0	0.00	0.00
Weighted Daily Average			611	8.24	924	*38	22.09	0.00	54	79.85	6.76	27.14	*2248	*512.7	*25.09	*4.23
% of Calories				12.14%		*24.9%	32.5%	0.0%		52.3%		17.8%				
Weekly Nutrient Guideline			600 - 650	<10	1230		<=0									

Thursday - 03/16/2023

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990771 Sloppy Joe on a Bun, Beef, JTM, B-43c	#6 Scoop w/ Bun	20	298	2.90	709	11	8.50	0.00	47	37.00	4.00	20.00	459	108.0	6.00	3.00
990834 Potato, Smiles, McCain, P-384399	1/2 Cup(4 each)	100	130	0.50	180	0	4.50	0.00	0	20.00	2.00	2.00	0	0.0	2.40	0.36
991198 Green Salad	1/2 Cup	50	6	0.03	10	0	0.21	0.00	0	0.93	0.73	0.56	1688	35.9	12.15	0.39
990880 Ranch Dressing, Buttermilk, FF, PPI, P-333597	Each	50	10	0.00	125	0	0.00	0.00	0	2.00	0.00	0.00	0	0.0	0.00	0.00
990584 Ketchup Packet, Red Gold, 9gm, P-74398	Each	100	10	0.00	85	2	0.00	0.00	0	2.00	0.00	0.00	0	0.0	0.00	0.00
990048 Crispy Chicken Sandwich, GoldKist, P-470164	Each	59	340	2.50	650	3	12.50	0.00	35	39.00	4.00	21.00	100	86.0	78.00	2.80

Base Menu Spreadsheet

Portion Values

Mar 1, 2023 thru Mar 31, 2023

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990644 Spicy Chicken Sandwich, Tyson, P-373370	Each	1	372	3.08	593	4	15.38	0.00	21	40.60	4.58	18.88	86	100.3	0.00	1.86
990956 Turkey & Cheese Sandwich, Jennie-O P-26381	Each	12	290	5.75	915	5	13.18	0.00	48	27.10	1.93	19.29	0	176.7	0.00	2.11
990742 Crispy Chicken Salad, Arbor F-6	Each	4	223	2.00	411	*0	10.11	0.00	35	18.19	4.30	16.34	8655	68.0	83.10	3.03
990730 Dinner Rolls, WG, Split Top, Bulk, P-394522	Each	2	61	0.00	137	1	0.51	0.00	0	13.16	1.01	2.02	*N/A*	20.2	*N/A*	0.71
990153 Goldfish Cracker, Cheddar, Whole Grain, P-233969	Each	2	100	0.50	170	0	4.00	0.00	0	14.00	1.00	2.00	0	20.0	0.00	0.72
991093 Garden Veggie Salad, Vegetarian	Each	4	259	10.15	384	*0	18.60	0.00	51	11.30	3.20	14.07	8988	438.3	7.77	1.77
990958 Pita Bread, WG, Kronos, P-888838	Each	4	190	1.00	310	0	5.00	0.00	0	31.00	3.00	5.00	0	100.0	0.00	1.80
990967 Fresh Fruit, Whole_____	1/2 Cup	25	81	0.06	1	14	0.25	0.00	0	21.17	3.16	0.82	121	19.6	22.03	0.25
991182 Canned Fruit, Commodity, Extra Light Syrup_____	1/2 Cup	25	58	0.00	5	12	0.00	0.00	0	14.60	1.00	0.00	450	0.0	0.96	0.00
991183 Frozen Fruit, Commodity,_____	1/2 Cup	25	78	0.01	0	15	0.10	0.00	0	18.70	2.02	0.46	*87	*5.2	*43.59	*0.17
991184 Dried Fruit, Commodity,_____	1/4 Cup	25	112	0.00	2	24	0.00	0.00	0	29.00	2.00	0.50	*N/A*	*N/A*	*N/A*	*N/A*
991107 Milk, 1%, Lowfat, White, Prairie Farms	Half Pint	10	100	1.50	120	11	2.50	0.00	15	11.00	0.00	8.00	750	290.0	0.00	2.70
990264 Milk, Skim, White, Dean's Dairy Pure	Half Pint	10	90	0.00	130	12	0.00	0.00	5	13.00	0.00	8.00	750	250.0	0.00	0.00
990571 Milk, Skim, Chocolate, TruMoo	Half Pint	10	110	0.00	210	18	0.00	0.00	5	19.00	0.00	8.00	750	290.0	15.00	0.00

Base Menu Spreadsheet

Portion Values

Mar 1, 2023 thru Mar 31, 2023

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990796 Milk, 1%, Lowfat, Chocolate, Prairie Farms	Half Pint	70	150	1.50	230	22	2.50	0.00	10	24.00	0.00	8.00	1000	200.0	0.00	0.00
Weighted Daily Average			694	5.04	1233	*42	18.94	0.00	49	102.46	8.31	31.12	*2791	*366.8	*77.47	*3.75
% of Calories				6.54%		*24.2%	24.6%	0.0%		59.1%		17.9%				
Weekly Nutrient Guideline			600 - 650	<10	1230		<=0									

Friday - 03/17/2023

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
991263 Chipotle Chicken Nachos, Diced	1 Serving	10	374	6.31	542	0	22.69	0.00	60	27.32	2.00	18.59	0	235.4	0.00	0.90
990328 Chicken Fiesta Nacho Supreme, Arbor A-10f	Each	10	355	2.64	831	0	17.20	0.00	80	28.23	2.93	24.65	0	82.6	0.00	2.03
990413 Corn, Whole Kernel, USDA, 15g, 1/2C	1/2 Cup	50	65	0.00	15	3	1.00	0.00	0	15.00	2.00	2.00	*N/A*	*N/A*	*N/A*	*N/A*
990144 Black Beans, LS, Mothers Maid, P-493061	1/4 Cup	50	50	0.00	70	0	0.00	0.00	0	9.00	3.00	3.50	0	20.0	0.00	1.35
990880 Ranch Dressing, Buttermilk, FF, PPI, P-333597	Each	50	10	0.00	125	0	0.00	0.00	0	2.00	0.00	0.00	0	0.0	0.00	0.00
990124 Salsa, Mild, Red Gold, P-886718	2 Ounces	20	20	0.00	140	2	0.00	0.00	0	4.00	1.00	0.00	1000	40.0	12.00	0.72
991256 Pizza, Cheese, 4x6, WG, 4.65oz, P-26016	Each (4.65 oz)	40	260	4.00	600	4	7.00	0.00	20	35.00	4.00	16.00	0	200.0	0.00	2.50
991185 WHOLE GRAIN CHEESE PIZZA Wedge 50 -50 P-349370	Pizza	19	300	4.00	480	8	11.00	0.00	15	35.00	4.00	16.00	450	306.0	0.00	2.60
990717 4"X6" WG Thin Crust Cheese Pizza, P-388895	Piece	1	300	5.00	440	8	11.00	0.00	25	34.00	4.00	16.00	270	263.0	0.00	2.30
990956 Turkey & Cheese Sandwich, Jennie-O P-26381	Each	12	290	5.75	915	5	13.18	0.00	48	27.10	1.93	19.29	0	176.7	0.00	2.11

Base Menu Spreadsheet

Portion Values

Mar 1, 2023 thru Mar 31, 2023

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990742 Crispy Chicken Salad, Arbor F-6	Each	4	223	2.00	411	*0	10.11	0.00	35	18.19	4.30	16.34	8655	68.0	83.10	3.03
990730 Dinner Rolls, WG, Split Top, Bulk, P-394522	Each	2	61	0.00	137	1	0.51	0.00	0	13.16	1.01	2.02	*N/A*	20.2	*N/A*	0.71
990153 Goldfish Cracker, Cheddar, Whole Grain, P-233969	Each	2	100	0.50	170	0	4.00	0.00	0	14.00	1.00	2.00	0	20.0	0.00	0.72
991093 Garden Veggie Salad, Vegetarian	Each	4	259	10.15	384	*0	18.60	0.00	51	11.30	3.20	14.07	8988	438.3	7.77	1.77
990958 Pita Bread, WG, Kronos, P-888838	Each	4	190	1.00	310	0	5.00	0.00	0	31.00	3.00	5.00	0	100.0	0.00	1.80
990967 Fresh Fruit, Whole_____	1/2 Cup	25	81	0.06	1	14	0.25	0.00	0	21.17	3.16	0.82	121	19.6	22.03	0.25
991182 Canned Fruit, Commodity, Extra Light Syrup_____	1/2 Cup	25	58	0.00	5	12	0.00	0.00	0	14.60	1.00	0.00	450	0.0	0.96	0.00
991183 Frozen Fruit, Commodity,_____	1/2 Cup	25	78	0.01	0	15	0.10	0.00	0	18.70	2.02	0.46	*87	*5.2	*43.59	*0.17
991184 Dried Fruit, Commodity,_____	1/4 Cup	25	112	0.00	2	24	0.00	0.00	0	29.00	2.00	0.50	*N/A*	*N/A*	*N/A*	*N/A*
991107 Milk, 1%, Lowfat, White, Prairie Farms	Half Pint	10	100	1.50	120	11	2.50	0.00	15	11.00	0.00	8.00	750	290.0	0.00	2.70
990264 Milk, Skim, White, Dean's Dairy Pure	Half Pint	10	90	0.00	130	12	0.00	0.00	5	13.00	0.00	8.00	750	250.0	0.00	0.00
990571 Milk, Skim, Chocolate, TruMoo	Half Pint	10	110	0.00	210	18	0.00	0.00	5	19.00	0.00	8.00	750	290.0	15.00	0.00
990796 Milk, 1%, Lowfat, Chocolate, Prairie Farms	Half Pint	70	150	1.50	230	22	2.50	0.00	10	24.00	0.00	8.00	1000	200.0	0.00	0.00
Weighted Daily Average			586	5.75	975	*41	14.60	0.00	44	88.53	8.33	28.93	*2084	*466.0	*24.18	*3.55
% of Calories				8.83%		*28.0%	22.4%	0.0%		60.4%		19.7%				
Weekly Nutrient Guideline			600 - 650	<10	1230		<=0									

Monday - 03/20/2023

Reimbursable Meal Total 100

Base Menu Spreadsheet

Arbor Management Inc

Portion Values

Mar 1, 2023 thru Mar 31, 2023

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990913 Hot Dog, Chicago Style, Beef, Farmland, P-156116	Each	20	327	7.34	738	5	18.11	0.03	35	28.63	2.30	11.23	0	51.0	1.20	1.78
000042 PICKLES,DILL SPEAR	EACH	20	4	0.03	283	0	0.10	0.00	0	0.84	0.35	0.18	44	20.0	0.80	0.09
990927 Beans, Vegetarian in Tom Sauce, P-376745	1/2 Cup	50	110	0.00	330	2	0.00	0.00	0	19.99	5.00	6.00	100	0.0	1.20	1.80
000377 CUCUMBER,RAW, Sliced	1/4 Cup	50	3	0.02	1	0	0.05	0.00	0	0.64	0.21	0.18	21	4.2	0.95	0.06
990584 Ketchup Packet, Red Gold, 9gm, P-74398	Each	20	10	0.00	85	2	0.00	0.00	0	2.00	0.00	0.00	0	0.0	0.00	0.00
991259 MUSTARD,PREPARED,YELLOW P-194581	Each-5.5 gm	5	3	0.01	55	0	0.17	0.00	0	0.29	0.20	0.19	5	3.2	0.02	0.08
990880 Ranch Dressing, Buttermilk, FF, PPI, P-333597	Each	20	10	0.00	125	0	0.00	0.00	0	2.00	0.00	0.00	0	0.0	0.00	0.00
990031 Cheeseburger on WG Bun, P-369328	1 Each	59	320	6.20	733	4	15.00	0.00	46	28.00	3.00	21.50	*0	173.0	*0.00	3.00
990052 Hamburger, WG P-369328	Each	1	270	3.70	513	3	10.50	0.00	34	27.00	3.00	19.00	*0	103.0	*0.00	3.00
990956 Turkey & Cheese Sandwich, Jennie-O P-26381	Each	12	290	5.75	915	5	13.18	0.00	48	27.10	1.93	19.29	0	176.7	0.00	2.11
990742 Crispy Chicken Salad, Arbor F-6	Each	4	223	2.00	411	*0	10.11	0.00	35	18.19	4.30	16.34	8655	68.0	83.10	3.03
990730 Dinner Rolls, WG, Split Top, Bulk, P-394522	Each	2	61	0.00	137	1	0.51	0.00	0	13.16	1.01	2.02	*N/A*	20.2	*N/A*	0.71
990153 Goldfish Cracker, Cheddar, Whole Grain, P-233969	Each	2	100	0.50	170	0	4.00	0.00	0	14.00	1.00	2.00	0	20.0	0.00	0.72
991093 Garden Veggie Salad, Vegetarian	Each	4	259	10.15	384	*0	18.60	0.00	51	11.30	3.20	14.07	8988	438.3	7.77	1.77
990958 Pita Bread, WG, Kronos, P-888838	Each	4	190	1.00	310	0	5.00	0.00	0	31.00	3.00	5.00	0	100.0	0.00	1.80
990967 Fresh Fruit, Whole_____	1/2 Cup	25	81	0.06	1	14	0.25	0.00	0	21.17	3.16	0.82	121	19.6	22.03	0.25
991182 Canned Fruit, Commodity, Extra Light Syrup_____	1/2 Cup	25	58	0.00	5	12	0.00	0.00	0	14.60	1.00	0.00	450	0.0	0.96	0.00

Base Menu Spreadsheet

Portion Values

Mar 1, 2023 thru Mar 31, 2023

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
991183 Frozen Fruit, Commodity,	1/2 Cup	25	78	0.01	0	15	0.10	0.00	0	18.70	2.02	0.46	*87	*5.2	*43.59	*0.17
991184 Dried Fruit, Commodity,	1/4 Cup	25	112	0.00	2	24	0.00	0.00	0	29.00	2.00	0.50	*N/A*	*N/A*	*N/A*	*N/A*
991107 Milk, 1%, Lowfat, White, Prairie Farms	Half Pint	10	100	1.50	120	11	2.50	0.00	15	11.00	0.00	8.00	750	290.0	0.00	2.70
990264 Milk, Skim, White, Dean's Dairy Pure	Half Pint	10	90	0.00	130	12	0.00	0.00	5	13.00	0.00	8.00	750	250.0	0.00	0.00
990571 Milk, Skim, Chocolate, TruMoo	Half Pint	10	110	0.00	210	18	0.00	0.00	5	19.00	0.00	8.00	750	290.0	15.00	0.00
990796 Milk, 1%, Lowfat, Chocolate, Prairie Farms	Half Pint	70	150	1.50	230	22	2.50	0.00	10	24.00	0.00	8.00	1000	200.0	0.00	0.00
Weighted Daily Average			600	7.62	1221	*41	17.74	0.01	53	82.00	7.68	30.51	*1865	*395.0	*23.26	*4.03
% of Calories				11.43%		*27.3%	26.6%	0.0%		54.7%		20.3%				
Weekly Nutrient Guideline			600 - 650	<10	1230		<=0									

Tuesday - 03/21/2023

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990261 Toasted Cheese Sandwich, Arbor B-30	1 Sandwich	10	408	14.71	1251	6	27.58	0.00	70	30.06	2.00	14.21	227	323.7	0.00	2.02
990192 3 Cheese Grilled Cheese, Arbor B-108	1 Each	10	465	17.08	1410	*6	31.36	0.00	82	31.01	2.00	16.58	527	380.2	0.00	2.02
991264 Tomato Soup, Campbell's, P-26091	6 oz	25	68	0.00	364	9	0.00	0.00	0	15.06	0.75	1.51	*0	17.7	*0.00	0.45
990245 Classic Tomato Soup, Arbor E-31	1/2 Cup	25	28	0.03	33	*0	0.15	0.00	0	6.47	1.34	1.41	488	12.1	7.03	0.97
991198 Green Salad	1/2 Cup	50	6	0.03	10	0	0.21	0.00	0	0.93	0.73	0.56	1688	35.9	12.15	0.39

Base Menu Spreadsheet

Portion Values

Mar 1, 2023 thru Mar 31, 2023

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990880 Ranch Dressing, Buttermilk, FF, PPI, P-333597	Each	50	10	0.00	125	0	0.00	0.00	0	2.00	0.00	0.00	0	0.0	0.00	0.00
990375 Chicken Nuggets, Goldkist, P-470452	5 Each	60	200	2.00	400	0	10.00	0.00	35	13.00	2.00	15.00	100	20.0	78.00	1.80
991092 Goldfish Pretzels, .75 oz, WG, Pep Farm, P-976031	Each	60	90	0.00	200	0	1.50	0.00	0	16.00	1.00	2.00	*N/A*	*N/A*	*N/A*	0.72
990956 Turkey & Cheese Sandwich, Jennie-O P-26381	Each	12	290	5.75	915	5	13.18	0.00	48	27.10	1.93	19.29	0	176.7	0.00	2.11
990742 Crispy Chicken Salad, Arbor F-6	Each	4	223	2.00	411	*0	10.11	0.00	35	18.19	4.30	16.34	8655	68.0	83.10	3.03
990730 Dinner Rolls, WG, Split Top, Bulk, P-394522	Each	2	61	0.00	137	1	0.51	0.00	0	13.16	1.01	2.02	*N/A*	20.2	*N/A*	0.71
990153 Goldfish Cracker, Cheddar, Whole Grain, P-233969	Each	2	100	0.50	170	0	4.00	0.00	0	14.00	1.00	2.00	0	20.0	0.00	0.72
991093 Garden Veggie Salad, Vegetarian	Each	4	259	10.15	384	*0	18.60	0.00	51	11.30	3.20	14.07	8988	438.3	7.77	1.77
990958 Pita Bread, WG, Kronos, P-888838	Each	4	190	1.00	310	0	5.00	0.00	0	31.00	3.00	5.00	0	100.0	0.00	1.80
990967 Fresh Fruit, Whole_____	1/2 Cup	25	81	0.06	1	14	0.25	0.00	0	21.17	3.16	0.82	121	19.6	22.03	0.25
991182 Canned Fruit, Commodity, Extra Light Syrup_____	1/2 Cup	25	58	0.00	5	12	0.00	0.00	0	14.60	1.00	0.00	450	0.0	0.96	0.00
991183 Frozen Fruit, Commodity,_____	1/2 Cup	25	78	0.01	0	15	0.10	0.00	0	18.70	2.02	0.46	*87	*5.2	*43.59	*0.17
991184 Dried Fruit, Commodity,_____	1/4 Cup	25	112	0.00	2	24	0.00	0.00	0	29.00	2.00	0.50	*N/A*	*N/A*	*N/A*	*N/A*
991107 Milk, 1%, Lowfat, White, Prairie Farms	Half Pint	10	100	1.50	120	11	2.50	0.00	15	11.00	0.00	8.00	750	290.0	0.00	2.70
990264 Milk, Skim, White, Dean's Dairy Pure	Half Pint	10	90	0.00	130	12	0.00	0.00	5	13.00	0.00	8.00	750	250.0	0.00	0.00
990571 Milk, Skim, Chocolate, TruMoo	Half Pint	10	110	0.00	210	18	0.00	0.00	5	19.00	0.00	8.00	750	290.0	15.00	0.00

Base Menu Spreadsheet

Arbor Management Inc

Portion Values

Mar 1, 2023 thru Mar 31, 2023

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990796 Milk, 1%, Lowfat, Chocolate, Prairie Farms	Half Pint	70	150	1.50	230	22	2.50	0.00	10	24.00	0.00	8.00	1000	200.0	0.00	0.00
Weighted Daily Average			576	6.84	1162	*40	18.04	0.00	55	78.54	5.82	26.55	*2897	*383.3	*76.41	*3.39
% of Calories				10.69%		*27.8%	28.2%	0.0%		54.5%		18.4%				
Weekly Nutrient Guideline			600 - 650	<10	1230		<=0									

Wednesday - 03/22/2023

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
990375 Chicken Nuggets, Goldkist, P-470452	5 Each	20	200	2.00	400	0	10.00	0.00	35	13.00	2.00	15.00	100	20.0	78.00	1.80
990382 Mashed Potatoes, Pearls, 1/2C P-913394, E-50	1/2 Cup	85	76	0.00	351	0	1.27	0.00	0	14.42	0.85	1.70	0	3.1	7.63	0.30
990695 Chicken Gravy, Trio, Mix P-38282	1 oz	85	17	0.20	121	0	0.32	0.00	0	3.42	0.02	0.17	0	1.7	0.00	0.02
991051 Corn, Whole Kernel, 1/4C, P-283344	1/4 Cup	20	40	0.00	20	*N/A*	0.22	0.00	0	8.87	1.33	1.33	26	1.3	2.19	0.14
990730 Dinner Rolls, WG, Split Top, Bulk, P-394522	Each	20	61	0.00	137	1	0.51	0.00	0	13.16	1.01	2.02	*N/A*	20.2	*N/A*	0.71
990584 Ketchup Packet, Red Gold, 9gm, P-74398	Each	20	10	0.00	85	2	0.00	0.00	0	2.00	0.00	0.00	0	0.0	0.00	0.00
991079 Nacho Supreme, Beef, Shred Chs	1 Serving (#16)	60	385	7.07	528	1	23.63	0.00	44	30.05	3.01	16.13	362	261.6	3.02	1.73
990956 Turkey & Cheese Sandwich, Jennie-O P-26381	Each	12	290	5.75	915	5	13.18	0.00	48	27.10	1.93	19.29	0	176.7	0.00	2.11
990742 Crispy Chicken Salad, Arbor F-6	Each	4	223	2.00	411	*0	10.11	0.00	35	18.19	4.30	16.34	8655	68.0	83.10	3.03
990730 Dinner Rolls, WG, Split Top, Bulk, P-394522	Each	2	61	0.00	137	1	0.51	0.00	0	13.16	1.01	2.02	*N/A*	20.2	*N/A*	0.71

Base Menu Spreadsheet

Arbor Management Inc

Portion Values

Mar 1, 2023 thru Mar 31, 2023

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
990153 Goldfish Cracker, Cheddar, Whole Grain, P-233969	Each	2	100	0.50	170	0	4.00	0.00	0	14.00	1.00	2.00	0	20.0	0.00	0.72
991093 Garden Veggie Salad, Vegetarian	Each	4	259	10.15	384	*0	18.60	0.00	51	11.30	3.20	14.07	8988	438.3	7.77	1.77
990958 Pita Bread, WG, Kronos, P-888838	Each	4	190	1.00	310	0	5.00	0.00	0	31.00	3.00	5.00	0	100.0	0.00	1.80
990967 Fresh Fruit, Whole_____	1/2 Cup	25	81	0.06	1	14	0.25	0.00	0	21.17	3.16	0.82	121	19.6	22.03	0.25
991182 Canned Fruit, Commodity, Extra Light Syrup_____	1/2 Cup	25	58	0.00	5	12	0.00	0.00	0	14.60	1.00	0.00	450	0.0	0.96	0.00
991183 Frozen Fruit, Commodity,_____	1/2 Cup	25	78	0.01	0	15	0.10	0.00	0	18.70	2.02	0.46	*87	*5.2	*43.59	*0.17
991184 Dried Fruit, Commodity,_____	1/4 Cup	25	112	0.00	2	24	0.00	0.00	0	29.00	2.00	0.50	*N/A*	*N/A*	*N/A*	*N/A*
991107 Milk, 1%, Lowfat, White, Prairie Farms	Half Pint	10	100	1.50	120	11	2.50	0.00	15	11.00	0.00	8.00	750	290.0	0.00	2.70
990264 Milk, Skim, White, Dean's Dairy Pure	Half Pint	10	90	0.00	130	12	0.00	0.00	5	13.00	0.00	8.00	750	250.0	0.00	0.00
990571 Milk, Skim, Chocolate, TruMoo	Half Pint	10	110	0.00	210	18	0.00	0.00	5	19.00	0.00	8.00	750	290.0	15.00	0.00
990796 Milk, 1%, Lowfat, Chocolate, Prairie Farms	Half Pint	70	150	1.50	230	22	2.50	0.00	10	24.00	0.00	8.00	1000	200.0	0.00	0.00
Weighted Daily Average			655	7.25	1216	*37	22.79	0.00	52	88.78	6.15	27.20	*2038	*444.9	*46.12	*2.76
% of Calories				9.96%		*22.6%	31.3%	0.0%		54.2%		16.6%				
Weekly Nutrient Guideline			600 - 650	<10	1230		<=0									

Thursday - 03/23/2023

Reimbursable Meal Total 100

Base Menu Spreadsheet

Arbor Management Inc

Portion Values

Mar 1, 2023 thru Mar 31, 2023

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calc ^m (mg)	Vit-C (mg)	Iron (mg)
991325 Pizza Bagel P-472253	2 Halves	20	320	6.07	752	7	13.15	0.00	40	34.63	3.93	19.10	*697	488.0	*4.46	2.21
990415 Broccoli, FZ, USDA, 1/2C, 5g	1/2 Cup	50	26	0.00	22	1	0.00	0.00	0	5.00	3.00	3.00	*N/A*	*N/A*	*N/A*	*N/A*
990741 Marinated Green Beans, E-37	1/4 Cup	50	15	0.00	62	1	0.00	0.00	0	3.11	1.20	0.60	*0	*0.0	*0.00	*0.00
990048 Crispy Chicken Sandwich, GoldKist, P-470164	Each	59	340	2.50	650	3	12.50	0.00	35	39.00	4.00	21.00	100	86.0	78.00	2.80
990644 Spicy Chicken Sandwich, Tyson, P-373370	Each	1	372	3.08	593	4	15.38	0.00	21	40.60	4.58	18.88	86	100.3	0.00	1.86
990956 Turkey & Cheese Sandwich, Jennie-O P-26381	Each	12	290	5.75	915	5	13.18	0.00	48	27.10	1.93	19.29	0	176.7	0.00	2.11
990742 Crispy Chicken Salad, Arbor F-6	Each	4	223	2.00	411	*0	10.11	0.00	35	18.19	4.30	16.34	8655	68.0	83.10	3.03
990730 Dinner Rolls, WG, Split Top, Bulk, P-394522	Each	2	61	0.00	137	1	0.51	0.00	0	13.16	1.01	2.02	*N/A*	20.2	*N/A*	0.71
990153 Goldfish Cracker, Cheddar, Whole Grain, P-233969	Each	2	100	0.50	170	0	4.00	0.00	0	14.00	1.00	2.00	0	20.0	0.00	0.72
991093 Garden Veggie Salad, Vegetarian	Each	4	259	10.15	384	*0	18.60	0.00	51	11.30	3.20	14.07	8988	438.3	7.77	1.77
990958 Pita Bread, WG, Kronos, P-888838	Each	4	190	1.00	310	0	5.00	0.00	0	31.00	3.00	5.00	0	100.0	0.00	1.80
990967 Fresh Fruit, Whole_____	1/2 Cup	25	81	0.06	1	14	0.25	0.00	0	21.17	3.16	0.82	121	19.6	22.03	0.25
991182 Canned Fruit, Commodity, Extra Light Syrup_____	1/2 Cup	25	58	0.00	5	12	0.00	0.00	0	14.60	1.00	0.00	450	0.0	0.96	0.00
991183 Frozen Fruit, Commodity,_____	1/2 Cup	25	78	0.01	0	15	0.10	0.00	0	18.70	2.02	0.46	*87	*5.2	*43.59	*0.17
991184 Dried Fruit, Commodity,_____	1/4 Cup	25	112	0.00	2	24	0.00	0.00	0	29.00	2.00	0.50	*N/A*	*N/A*	*N/A*	*N/A*
991107 Milk, 1%, Lowfat, White, Prairie Farms	Half Pint	10	100	1.50	120	11	2.50	0.00	15	11.00	0.00	8.00	750	290.0	0.00	2.70
990264 Milk, Skim, White, Dean's Dairy Pure	Half Pint	10	90	0.00	130	12	0.00	0.00	5	13.00	0.00	8.00	750	250.0	0.00	0.00

Base Menu Spreadsheet

Portion Values

Mar 1, 2023 thru Mar 31, 2023

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
990571 Milk, Skim, Chocolate, TruMoo	Half Pint	10	110	0.00	210	18	0.00	0.00	5	19.00	0.00	8.00	750	290.0	15.00	0.00
990796 Milk, 1%, Lowfat, Chocolate, Prairie Farms	Half Pint	70	150	1.50	230	22	2.50	0.00	10	24.00	0.00	8.00	1000	200.0	0.00	0.00
Weighted Daily Average			571	5.16	951	*40	15.27	0.00	48	82.58	8.03	30.46	*1995	*424.8	*68.69	*3.03
% of Calories				8.13%		*28.0%	24.1%	0.0%		57.8%		21.3%				
Weekly Nutrient Guideline			600 - 650	<10	1230		<=0									

Friday - 03/24/2023

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	Vit-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
991160 Pancake and Sausage Bites, JTM, P-688592	6 Each	20	256	0.91	586	11	5.08	0.11	29	36.99	3.91	16.62	114	69.9	51.00	2.90
990638 Glazed Carrots	1/2 Cup	50	71	0.97	67	10	2.00	*0.00	4	13.49	2.99	0.55	15399	37.6	2.09	0.53
000264 CAULIFLOWER,raw: fresh	1/4 Cup	50	7	0.03	8	1	0.07	0.00	0	1.33	0.54	0.51	0	5.9	12.89	0.11
991136 Syrup, 1.5 oz Cup, Madeira, P-1779	Each	20	120	0.00	20	22	0.00	0.00	0	30.00	0.00	0.00	0	0.0	0.00	0.00
990880 Ranch Dressing, Buttermilk, FF, PPI, P-333597	Each	50	10	0.00	125	0	0.00	0.00	0	2.00	0.00	0.00	0	0.0	0.00	0.00
991256 Pizza, Cheese, 4x6, WG, 4.65oz, P-26016	Each (4.65 oz)	40	260	4.00	600	4	7.00	0.00	20	35.00	4.00	16.00	0	200.0	0.00	2.50
991185 WHOLE GRAIN CHEESE PIZZA Wedge 50 -50 P-349370	Pizza	19	300	4.00	480	8	11.00	0.00	15	35.00	4.00	16.00	450	306.0	0.00	2.60
990717 4"X6" WG Thin Crust Cheese Pizza, P-388895	Piece	1	300	5.00	440	8	11.00	0.00	25	34.00	4.00	16.00	270	263.0	0.00	2.30
990956 Turkey & Cheese Sandwich, Jennie-O P-26381	Each	12	290	5.75	915	5	13.18	0.00	48	27.10	1.93	19.29	0	176.7	0.00	2.11

Base Menu Spreadsheet

Portion Values

Mar 1, 2023 thru Mar 31, 2023

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
990742 Crispy Chicken Salad, Arbor F-6	Each	4	223	2.00	411	*0	10.11	0.00	35	18.19	4.30	16.34	8655	68.0	83.10	3.03
990730 Dinner Rolls, WG, Split Top, Bulk, P-394522	Each	2	61	0.00	137	1	0.51	0.00	0	13.16	1.01	2.02	*N/A*	20.2	*N/A*	0.71
990153 Goldfish Cracker, Cheddar, Whole Grain, P-233969	Each	2	100	0.50	170	0	4.00	0.00	0	14.00	1.00	2.00	0	20.0	0.00	0.72
991093 Garden Veggie Salad, Vegetarian	Each	4	259	10.15	384	*0	18.60	0.00	51	11.30	3.20	14.07	8988	438.3	7.77	1.77
990958 Pita Bread, WG, Kronos, P-888838	Each	4	190	1.00	310	0	5.00	0.00	0	31.00	3.00	5.00	0	100.0	0.00	1.80
990967 Fresh Fruit, Whole_____	1/2 Cup	25	81	0.06	1	14	0.25	0.00	0	21.17	3.16	0.82	121	19.6	22.03	0.25
991182 Canned Fruit, Commodity, Extra Light Syrup_____	1/2 Cup	25	58	0.00	5	12	0.00	0.00	0	14.60	1.00	0.00	450	0.0	0.96	0.00
991183 Frozen Fruit, Commodity,_____	1/2 Cup	25	78	0.01	0	15	0.10	0.00	0	18.70	2.02	0.46	*87	*5.2	*43.59	*0.17
991184 Dried Fruit, Commodity,_____	1/4 Cup	25	112	0.00	2	24	0.00	0.00	0	29.00	2.00	0.50	*N/A*	*N/A*	*N/A*	*N/A*
991107 Milk, 1%, Lowfat, White, Prairie Farms	Half Pint	10	100	1.50	120	11	2.50	0.00	15	11.00	0.00	8.00	750	290.0	0.00	2.70
990264 Milk, Skim, White, Dean's Dairy Pure	Half Pint	10	90	0.00	130	12	0.00	0.00	5	13.00	0.00	8.00	750	250.0	0.00	0.00
990571 Milk, Skim, Chocolate, TruMoo	Half Pint	10	110	0.00	210	18	0.00	0.00	5	19.00	0.00	8.00	750	290.0	15.00	0.00
990796 Milk, 1%, Lowfat, Chocolate, Prairie Farms	Half Pint	70	150	1.50	230	22	2.50	0.00	10	24.00	0.00	8.00	1000	200.0	0.00	0.00
Weighted Daily Average			565	5.54	926	*51	12.16	*0.02	37	90.98	7.68	25.71	*9606	*452.0	*39.47	*3.34
% of Calories				8.82%		*36.1%	19.4%	*0.0%		64.4%		18.2%				
Weekly Nutrient Guideline			600 - 650	<10	1230		<=0									

	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)	VIt-A (IU)	Calcm (mg)	Vit-C (mg)	Iron (mg)
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Base Menu Spreadsheet

Portion Values

Mar 1, 2023 thru Mar 31, 2023

Weighted Averages			606	6	1032	*41	17.44	*0.01	49	86.92	7.74	28.57	*3347	*423.0	*59.86	*3.56
% of Calories				9.30%		*27.1%	25.9%	*0.0%		57.4%		18.9%				

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - denotes required nutrient values

² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.